



NOC AGM - 2024

Report from The Chair

Since the last AGM in October, it has again been a busy year with 9 events in the last 11 months with over 1400 individual runs.

In addition to the main events, Hilary and Ant ran two MapActive courses in the year 2023 – 24; one in November-December 2023 and another in June-July 2024. We had 11 people on the winter 2023 course and 12 in the Summer 2024 course. Some existing NOC members took the opportunity to come along for the more advanced 2 sessions or to refresh their skills (7 over the two courses). We also presented two club member Zoom sessions on Race Analysis using Routegadget/Winsplits and a pre-CompassSport Cup session geeking the map / techniques at Brereton Spurs. I'm sure we will do more of these sessions in the Future.

From these courses the club gained 5 new members, which is great.

Hilary also organised some 'stand-alone' coaching sessions at Shirebrook (15 NOC) and Allestree Park (10 NOC) and there was a very good take-up from NOC members as well as some from DVO and LEI.

Ant's local event at University of Nottingham in June started out as a coaching / practice session in advance of the British Sprint Champs and attracted a lot of interest; showing that there is the appetite for such sessions even if they are marketed as 'events'! This had over 420 individual runs completed.

We have plans for a similar practice / local event in January at Sherwood Forest if permission is granted.

Hilary and Ant are very glad of the help from a number of club members who supported us with the MapActive courses – it's a really important shop window for the club in showing that these sessions can be fun and welcoming to newcomers. Thanks to John, Mick, Vic, Alan, Hebe, Lucy and Tina who all helped and one/both of the MapActive courses and special thanks to Vic, who hosted all the Zoom sessions.

In fact, all of our events are entirely run by volunteers, so I would like to thank everyone who has helped - the planners, organisers and mappers without whom no events could be run, but also everyone else who helps on the day ensuring that we can put on the events.

We have a limited pool of planners, organisers and mappers, which limits how many events we can put on, with our stalwarts running several events each. While we are eternally



grateful for this, we do need more people to step up to fill these roles to prevent the existing people being over-burdened or reducing the number of events we put on. I would particularly like to say thank you to Monica for stepping up as a planner for the first time at Wollaton in July. If anyone is interested, however remotely, please feel free to chat to a committee member or existing planner/organizer/mapper to find out more. You would certainly have plenty of help and mentorship to get started and ongoing.

Finally we have had some good competition results from club members, highlights of which Are:

The over 40 team came second in the JK Relays at Stanton Moor, despite Ant Squire having a bad back.

Richard Robinson won the M40 class in the JK and the British Sprint championships. He was also second in the British Middle Distance and the British Long Distance Championships.

Hilary Palmer won the W75 class in the JK, the British Middle Distance Championships and was second in the British Long Distance Championships.

Ben Squire came second in the M20 Elite class at the British Long Distance Championships and was subsequently selected to run for Great Britain at the Junior World Orienteering Championships in the Czech Republic. This was a fantastic and justly deserved achievement.

Richard Willis
Chair
28 August 2024